



WHAT TO EXPECT: NICARAGUA TRIP

SO, YOU'RE GOING ON A SHORT-TERM TRIP TO NICARAGUA AND WANT TO KNOW WHAT TO EXPECT? HERE ARE SOME DETAILS OF WHAT YOUR TRIP WILL LOOK LIKE.

REGION AND PURPOSE



Deeply Rooted Grounds is currently working in Jinotega, Nicaragua. Each year the Deeply Rooted Grounds team partners with many groups from North America to make generational change through the gift of clean water, food, education, medical aid and the gift of freedom that is found in Jesus. Team members will have many opportunities to serve in different areas. Our hope is that during the trip you will make meaningful relationships, experience a slower pace of life, and witness the faithfulness of God, returning home transformed.

WEATHER:

Teams can expect warm and mild weather with highs in the 90s and lows in the 60s. If traveling during the rainy season (May to November), be sure to pack a light rain jacket. Some will need a light sweatshirt in the mornings. Dry Season is HOT. (February to May) Drink lots of water and take time to rest in the shade to avoid heat exhaustion.

LODGING:

Teams will stay at a hotel in Jinotega. Team members will split a room with another member. Two to a bedroom. Each has a full bathroom, sheets and pillows are provided.



FOOD:

If you're expecting to lose a few pounds on your trip don't! We won't allow it; team members will have a mixture of typical Nicaraguan meals and everyday American fare. Expect to eat plenty of red beans, rice, tortillas, chicken, plantains, and eggs.

CULTURE:

It cannot be stressed enough that the time spent in Central America is primarily about relationships. When establishing a relationship with a Nicaraguan resident, it is very important to be sensitive to their culture. Central Americans as a whole are overwhelmingly kind and giving, and Nicaraguans are no different. They are proud of their heritage and though there might be a sense of shyness at first, that will pass soon after greetings are shared.

SPECIAL CULTURAL ISSUES TO NOTE:

- Latin American culture is generally very proper, so be polite and use good manners. Do not be abrasive, aggressive, or demanding. Body language communicates much more than we realize. Try to communicate what is in your heart with your face and your actions.
- Latin America is a male-dominated culture. Whether we agree with it or not, as we are coming into their country, we must respect that. Women need to dress modestly. Do not hold extended eye contact with men, and do not allow body orientation to become too close as wrong intentions may be communicated. Men can set a great example through their

interactions with female team members and the local women. These interactions will be watched and can effect positive change.

- Our mission can be easily be hurt by something that might not be considered offensive to North American Christians for this reason, it is very important that there is no consumption / use of alcohol, drugs, or tobacco; no use of profanity or innuendos, or inappropriate displays of affection.

TENTATIVE ITINERARY

(subject to change)

• **SATURDAY**

Arrive in Managua, Nicaragua

One of our field directors will pick the team up at the airport in Managua, drive the team to a restaurant for dinner, and then to the team hotel. Once at the hotel, team members can unpack and relax.

• **SUNDAY**

- Breakfast 7:00 a.m. at hotel
- Devotion & worship 8:00 a.m. at Church
- Organizational meeting for the week 9:00 a.m. at Church

- Visit Dream center and help with feeding the kids 10:00 a.m.
- Lunch break 1:00 p.m.
- Church Service 4:00 p.m.
- Dinner at hotel 6:00 p.m.
- **8:00 P.M. CURFEW**

• **MONDAY**

- Breakfast 7:00 a.m. at hotel
- Devotion & worship 8:00 a.m. at church
- Game time, activities and feed kids at Dream Center 9:00 a.m.
- Lunch time 1:00p.m at Church
- Game time and activities with kids at Dream Center 2:00p.m
- Dinner 5:30 p.m. at hotel
- **8:00 P.M. CURFEW**

• **TUESDAY**

- Breakfast 7:00 am at hotel.
- Devotion & worship 8:00 a.m. at church
- Game time, activities and feed kids at Dream Center 9:00 a.m.
- Lunch time 1:00 p.m. at Church
- Community outreach (home visits) with kids at Dream Center 2:00 p.m.
- Dinner 5:30 p.m.
- **8:00 P.M. CURFEW**

- **WEDNESDAY**

- Breakfast 7:00 am at hotel
- Devotion/ worship 8:00 at church
- Visit remote community feeding program 9:00 a.m.
- Lunch 2:00 p.m.
- Hike to the cross and time of testimonies 3:00 pm. (the hike is 1000 stairs)
- Accommodations can be made for those who cannot hike.
- Dinner 6:00 p.m. at the hotel.
- **8:00 P.M. CURFEW**

- **THURSDAY**

- Breakfast 7:00 a.m. at hotel
- Devotion/ worship 8:00 a.m. at church
- Game time, activities and feed kids at Dream Center 9:00 a.m.
- Lunch 1:00 p.m.
- Community outreach (home visits) with kids at Dream Center 2:00 pm
- Dinner 5:30 p.m.
- **8:00 P.M. CURFEW**

- **FRIDAY**

- Breakfast 7:00 a.m. at hotel
- Devotion/ worship 8:00 at church
- Visit coffee farm and coffee roaster 9:00 a.m. - 1:00p.m. (coffee available for purchase)
- Free time.
 - Those that do not visit the coffee farm will have the day free. Please stay inside the city of Jinotega unless you arrange a guide and have preapproval from your team leader.
- Dinner 5:00 p.m.
- **8:00 P.M. CURFEW**

- **SATURDAY**

- Travel Day
Breakfast at hotel if transportation leaves after 8:00 a.m. Bus must leave hotel at least 5 hours before your flight departs.



IMPORTANT NOTES

- The Dream Center is not easy to access for those who cannot hike a little. It is easily accessible by foot but the trail to hike is about 200 meters.
- The path to the Dream Center is very muddy so do not use your nice shoes.
- We will be doing a little walking from the church to the Dream Center and activities so wear comfortable walking / athletic shoes.
- Bring a rain jacket because it rains a lot at times.
- **ALL PASSPORTS SHOULD BE COLLECTED UPON ARRIVAL AND KEPT WITH TEAM LEADER.**
- Customs
 - Address where you will be staying
 - ❖ Hotel Café Jinotega, Jinotega Nicaragua
 - There is a \$10 per person fee when clearing customs upon entry.
 - Professional cameras/ drones may or may not be confiscated by customs
 - ❖ There have been increased occurrences of this with reporters. Be sure to make it clear you are as tourists NOT MISSIONARIES.

